

the centre

connecting community in
north & west melbourne inc.

CHAIRS' REPORT

Karl Hessian & Kay Oke



Centre focuses on connections

This has been the post lockdown year with the challenge to agencies to re-evaluate community needs. We are impressed with how well The Centre has been able to adapt and create a series of programs suitable for this time and also establish connections with a wide range of services in North & West Melbourne.

Funding for the neighbourhood house in Docklands was discontinued by the City of Melbourne. It was disappointing to have to finish the innovative programs The Centre managed in Docklands. However it means that The Centre will now be focusing entirely on North and West Melbourne.

The inaugural Queenberry Cup was an important event. It marked the coming out of the lockdown era and provided a community celebration. The 2023 Queenberry Cup should be even bigger.

The North & West Melbourne News has been very successful and won the award for best community newspaper in Victoria.

Congratulations to the amazing team of Maurice, Anne and Janet for continuing to produce such a high class paper – now 200 issues strong in its 44th year.

We would like to thank the management team, staff and volunteers who have contributed to making The Centre work. Special thanks to Ariel for keeping it all together and continuing to focus on current as well as future possibilities.

There will be a turnover of Board members at the 2023 Annual General Meeting. Thanks to Bill Liddy who left earlier in the year after 15 years as a Board member and to Trang Tran who joined us.

Karl Hessian stepped down as Chair in June and long-time board member Kay Oke took over the

position then. We thank all the departing Board members and look forward to welcoming a new energy to the Board for 2023-24.

Volunteers for Board positions or for helping deliver our wide range of programs are always warmly welcomed. The Centre relies on its volunteers and we thank everyone who has contributed over the last 12 months.

We look forward to an exciting year ahead.

*Karl Hessian – Chair until June 2023
Kay Oke – current Chair*



The inaugural Queenberry Cup was a big hit with both competitors and spectators.

Centre staff and key contractors

Director: Ariel Valent

CFO / COO: Craig Barry

Community Development Co-ordinator: Jorge Jorquera (until February); Khalid Fash (from March)

Community Events Co-ordinator: Yolay Perez

Community Education Co-ordinator: Jorge Jorquera

Community Outreach Officer: Jason Butcher

Community Outreach Co-ordinator: Firdaus Sulman (until November); Kashifa Aslam (from January)

Community Outreach Worker: Dhanya Nair; Cindy Huang

Team Leader - Homework Club: Laurence Arguin

Session Supervisors - Homework Club: Peter Robert, Ajla Dempsey

WorkOut Program Co-ordinator: Francon McMillan

Digital Tutors: Louise Cindric, Arya Chandrikadevi

Pilates and Q&E: Fernanda Cory, Alice Wilcox, Bethany Rayner

Community Choir Tutor: Susie Kelly

Art Tutors: Shyama Rose, Rebekah Symons

Editor - N&WM News: Maurice Gaul

Production Manager - N&WM News: Anne Burge

Distribution Co-ordinator - N&WM News: Rashi Jain

Advertising Co-ordinator - N&WM News: Janet Goharn

Cleaner: Nitimal (Zafu) Gebremedhin

Student Placements: Brigitte Metaxas; Katherine Moss; Kara Thompson; Catherine Vender; Matt Penfold

DIRECTOR'S REPORT

Ariel Valent



Busy and diverse year of activities

The past 12 months have been both dynamic and successful for The Centre. We finally had a clear year, free from COVID interruptions.

The biggest program for the year was Queenberry Cup, held on Queenberry and End streets in October 2022. Taking the place of the retired Spring Fling, Queenberry Cup was a billycart race and street festival that captured the imagination of both locals and visitors.

With 30 billycart entries, 50 volunteers and an audience of 5,000, Queenberry Cup was a gift from the North & West Melbourne communities to itself. It was a post-COVID party that everyone from the Deputy Lord Mayor to Peter Mac Men's Shed got involved with.

Our other events in Spanish Language Fiesta, Vauent, Divali, ANZAC Day and others all provided opportunities for the community to connect and mark important occasions, either in celebration or commemoration.

This year also marked the last year of our Docklands Neighbourhood House program. Through weekly programs like play sessions or social fishing, through special events like the Sports Day and Cirque Culinaire and through hundreds of personal interactions, support and referrals at the Neighbourhood House, Jason Butcher, Dhanya Nair and volunteers provided the Docklands community with a place for

community connection and empowerment.

Despite a strong community-driven campaign and support from all quarters of Docklands organisations, City of Melbourne chose not to fund Docklands Neighbourhood House beyond June, effectively shutting it down in its previous form. The Centre remains supportive of the Docklands community in its ambitions for increased social connection and neighbourhood development.

Long-standing program Home Away From Homework Club saw rapid expansion through our partnership with North Melbourne Language and Learning. A new partnership with Coorparoo House saw The Centre deliver digital literacy training to more than 30 people experiencing homelessness. Other new programs include courses in Spanish and Event Management.

Our groundbreaking WorkOut program with returning prisoners came to an end after 12 impressive years. Community Development in North Melbourne in the last year focused on addressing the needs of key cohorts identified in the recent Community Needs Analysis, including economically disadvantaged people and culturally and linguistically diverse people. Unfortunately, we noticed more and more people struggling to make ends meet and we tried to ease the burden by helping with programs such as the Power Saving Bonus.

North & West Melbourne News has had a stellar year with four superb issues and taking out the Best Victorian Newspaper Award. Sing No! Community Choir finally got some performance opportunities and the Viva La Seniors program went from strength to strength.

The year saw a number of staffing developments. The Centre bade farewell to Jorge Jorquera and welcomed Khalid Fash to the Community Development Co-ordinator role. We were sorry to see Firdaus Sulman go at the end of her contract, but were delighted to welcome Kashifa Aslam to the Community Outreach Co-ordinator role.

The Centre is powered by its volunteers and I would like to thank every volunteer journalist, tutor, newspaper deliverer, event assistant, program helper, Board member and front desk volunteer.

The Centre remains committed to working with our local community to provide the support and opportunities needed for community enrichment and to address disadvantage. We look forward to making this journey with you.

Centre Board members

Karl Hessian (Chair until June 2023)

Kay Oke (Secretary until June; Chair from July)

Lorraine Hannan (Deputy Chair)

Gary Dowling (Treasurer)

Kathleen McPherson (Secretary from July)

Ben O'Connor

Kate Ritchie

Tom Seddon

Bill Liddy (until February)

Trang Tran (from March)

COMMUNITY DEVELOPMENT

The Community Development Portfolio plays a pivotal role in connecting with the local community, fostering partnerships, and delivering essential programs and projects to meet the community's aspirations and needs. This year we strengthened our team by hiring North Melbourne resident Khalid Farah as the dedicated Community Development Coordinator (CDC) and Cindy Huang as the International Student Community Outreach Worker; improving inclusivity and cultural sensitivity in our initiatives.

Our focus during this year was on developing tailored programs and projects that addressed the diverse and evolving needs of the community. The newly appointed CDC developed two new plans. Building on the 2021-22 Community Needs Analysis, the Community Development plan was culturally and linguistically diverse and economically disadvantaged residents involved in shaping the development of our programs to foster a sense of ownership and meaningful connections.

The Volunteer plan aims to enhance our volunteer recruitment, training, and retention processes, ensuring that our volunteers have a meaningful impact on the community and are provided with growth opportunities within the organisation.

Partnerships

Partnerships played a critical role in amplifying the impact of our initiatives during 2022-23. Quenberry Cup helped us initiate many new community partnerships, including with Peter Mac Men's Shed, International Women's Peace Group, Lort Smith Animal Hospital, Sorella Women's Development Association, North Melbourne Rotary and many others. We also partnered with Oceam House at the Men's Afternoon Tea and participated in the North Melbourne Primary School fete. Our partnership with Melbourne Polytechnic provided valuable Community Service student placements at The Centre.

Partnerships with Northern History Project, Wholefoods Unwrapped Collective, Western Public Health Unit and others will bear fruit in 2023-24.

Viva La Seniors

The Centre has a proud legacy of offering programs for older adults in the community to connect and stay engaged.



Local seniors enjoyed a 'Stay & Play' day as part of the Viva La Seniors program.

Centre Adventures are monthly day-long trips to places of historical, cultural, or environmental interest. This year we asked participants about their preferred destinations, and trips to Puffing Billy, the Geelong Ferry and Ballarat Botanical Gardens were among the highlights. Seniors look forward to these trips, which always include morning tea and lunch, as it is an ideal setting for friendships to form and strengthen.

Seniors gather on the first Tuesday of each month for morning tea to share stories, support each other through challenges, and chat about anything from forthcoming holiday plans to world politics.

Older Adults Exercise is a long-standing program where seniors gather to address strength, balance and body awareness with a trained physiotherapist. The popular program also allows for social connections to form. In April, a second program was offered at the West Melbourne Baptist Community Centre.

Yunhan Xing, a PhD student from the University of Melbourne collaborated with The Centre to understand how digital technology can support new kinds of social programs for older people. From March, Yunhan conducted site visits, observations of social programs, interviews with staff, and co-design workshops. Her preliminary findings suggest that rather than drastically overhauling existing social programs, technology should be integrated into them in a subtle way as a means of fostering incidental

social connections among program participants.

North Melbourne Agencies Collective

From February 2023, Director Arian Valente became convenor of North Melbourne Agencies Collective (NAC), a network of 100 people serving the needs of the North Melbourne community. The group developed Terms of Reference focused on connection and collaboration. Themed topics with guest presenters were held on pathways to employment, housing and volunteering.

Social, Recreational and Creative

Sing Notti Community Choir enjoyed its first COVID-free year and rehearsed weekly at Sokol Melbourne under the expert guidance of Sora Kelly. After a long break, choir members revisited a number of performance opportunities. Notably the choir was the first performance at Quenberry Cup, performed some Christmas repertoire at The Centre's end-of-year event and even got to perform at Susie's birthday party on the other side of the Maribyrnong River.

Commencing in 2023, the fortnightly **Men's Afternoon Tea** attracts both regular and casual attendees, including residents from Oceam House. The facilitated discussion is always wide-ranging, sometimes provoking and often

entertaining. Coffee, tea and pastries are the lubricants of choice for social connections and personal development.

Out and About Community Walks gave newcomers and long-term residents alike an opportunity to explore their neighbourhood. West Melbourne was a focus of walks in late 2022, including explorations of criminal underbelly history and ill-fated historical plans to expand Queen Victoria Market.

Music Club continued on a monthly basis with small gatherings of local people listening to, and talking about, music with meaning to them. Regular attendee Rob Matthews has shared his collection of classically oriented CDs with generosity.

In late 2022, local resident Jennifer Waters ran a **Life Writing** program for women from diverse cultural backgrounds. Dedicated participants created a powerful piece of writing from their own experience.

Community Support & Advocacy

Every week, The Centre assists people who walk through the door, phone us or contact us through social media. Sometimes it's serious, like needing housing or legal support and sometimes it's not, like looking for activity groups or asking for directions. Whatever it is, we do what we can to provide direct support or referrals to appropriate services.

Beyond the drop-in function, we participate in a number of initiatives.

Cost of living was an underlying theme this year. We saw more and more people struggling with the basic necessities of life with rents, inflation and interests rates all rising sharply.

At Christmas time, The Centre distributed 40 boxes of food to community members in need. We also distributed Queen Victoria Market vouchers to those doing it particularly tough.

The Centre staff and volunteers helped 88 people claim a \$250 **Power Saving Bonus**, across two rounds. We also helped a community member write a submission to the Senate Inquiry on cost of living.

For the coming year we aim to design initiatives that effectively cater to the unique and evolving needs and aspirations of the local community. Furthermore, we also aim to work towards creating a cohesive relationship between our various programs, including our adult education courses, to offer a comprehensive and integrated support system for the community.

COMMUNITY EDUCATION

The Centre's education programs provide wide-ranging opportunities for community members to progress, whether that is towards getting a job, gaining life skills or keeping healthy.

WorkOut

WorkOut is a long-standing partnership with Department of Corrections. Residents at the West Melbourne Judy Lazarus Transition Centre undertake a six-week program to help them adjust to life and work after a prison sentence.

This year, 42 residents enrolled and 38 of those men completed the program taking away a job search folio and strong computer skills. The curriculum was refreshed to take account of post-COVID workplace realities and issues and new developments in technology.

"By the end of the course I had a complete resume and portfolio describing my strengths, skills and employment history. It has given me

much greater insight into what I can offer an employer". (Name withheld)

As this program ends after 12 years, sincere thanks to all who have contributed to the positive reintegration experience of the residents of JLTCC, especially Frances McMillan and Louise Cindric.

Home Away From Homework Club

The Home Away From Homework Club continued creating educational and social impact into its third decade. We were pleased to open the new Docklands Club in March 2023.

The other three clubs in North Melbourne have had successful years. The club run at North Melbourne Language & Learning has thrived and grown to over 20 students, including some younger primary school students.

With 61 students and an average of 1:6 tutor to student ratio was maintained. New innovations in the past year

include STEM activities, art therapy and visits from fine and police services.

Other Adult Education

The Centre's long-running **Pilates** program helps participants increase body awareness, posture and strength. Fernanda and Alice led seven weekly classes across the year, in March moving to the inviting atmosphere of the Quaker Centre in William St West Melbourne.

For many years The Centre has helped people advance their **digital skills**, whether on PCs or mobile devices. The Digital Essentials program was delivered for the general public four times, and following a trial, three times for the community of Oceam House, which caters for people experiencing homelessness.

Even though The Centre has delivered the Spanish Language Fiesta for seven years, it has not offered any courses in Spanish. That

changed in 2023 when Colombian Katherine Taborda offered beginner classes.

The Centre developed a pre-accredited course in **Event Management** that ran in February 2023. Most of the participants were able to apply their skills in helping run the Vaucluse Festival in Docklands and/or Spanish Language Fiesta in North Melbourne (see reports elsewhere).

Other Children's Education

Shyamanee Bose hosted **Rainbow Art** classes on Tuesdays throughout the school terms, giving children opportunities to explore a number of media under expert guidance.

In 2023 The Centre created a new **School Holiday Program**, crafting fun and educational experiences to cater to various interests and age groups. In January and June, three-day coding programs filled our classroom with enthusiastic young teens.

COMMUNITY EVENTS

Queensberry Cup

After two consecutive years of COVID interruptions, The Centre made the difficult decision to retire the long-standing Spring Fling. Instead, a dedicated team of mostly volunteers created a new event: The first Queensberry Cup, held on 22 October 2022 in Errol and Queensberry Streets, was a spectacular community celebration.

The billycart challenge and street festival attracted 5,000 people of different ages and backgrounds to enjoy a fun day full of activities and entertainment. However, more important than that was the sense of community created, both prior to and at the event.

The billycart race was the centrepiece. In the weeks and months leading up to the event, teams of local people were dedicated to designing and crafting their racing machines. Melbourne North Service Centre provided design expertise and the Peter Mac Men's Shed opened its doors and provided material, skills and advice to mostly novice billycart builders.

Thirty entrants across four categories raced down Queensberry Street, with the standout race being 10-year-old Oliver Furkow who took out the open age category: Deputy Lord Mayor Nicholas Reece presented Ollie and his family with the inaugural Queensberry Cup as well as the other age category prizes.

The Errol St Music Stage featured a wide range of professional musicians and dancers, starting with award-winning kids band The Mudcrabs and finishing with 10-piece Ethio-funk band Black Jesus Experience.

The Village Festival's Cirque Culinaire brought together food, performance and community, exploring Vietnamese, Somali, Palestinian and Cypriot cuisines and cultures.

The smaller Community Stage outside North Melbourne Library featured local performers including the Sing Now! Community choir and Vietnamese and Chinese groups which presented authentic traditional dances with beautiful costumes.

The Spring Fling Dog Show tradition was kept alive in the Queensberry Cup and was a standout - both hilarious and competitive. There was also a showcase of local community organisations, interactive activities for kids, and food and drink to purchase.

News keeps the community in touch with the neighbourhood

The North & West Melbourne News is more than a quarterly newspaper. Rather, it's the social glue that connects our vibrant local community.

The News creates a sense of village and of connectedness by reporting on local events and activities and by highlighting locals who are doing interesting things. In the past year, four issues captured the fullness of our village's rich tapestry - social, cultural, artistic and educational. In June 2023, the 200th issue of the all-volunteer News was published.

Each quarter, our loyal distributors deliver the paper to thousands of home and unit letterboxes in North Melbourne and West Melbourne.

Each recipient then has a moment of decision. Will I bin it? Or will I read it and see what's going on in my neighbourhood?

We're delighted that the community has embraced the News and find it bright and joyful, full of compelling and sparkling stories bursting with human interest.

Our success is due to our 20-plus wonderful volunteer writers. While some

Behind the scenes event manager Yulay Perse tackled myriad challenges from sourcing 500 haybales to turnstip closures.

The Queensberry Cup was the biggest contributor to the 2022-23 financial deficit, but worth it for the community spirit it engendered. In 2023 and beyond, we will look to contain costs and generate more financial support.

Thanks to all the racers, performers, facilitators, community organisations, 50 volunteers, sponsors and supporters, and of course the festival-goers who made this inaugural event a big success. See you on 21 October 2023.

Spanish Language Fiesta

The eighth annual Spanish Language Fiesta was held on 25 March 2023. With the festival outgrowing its original laneway home, the 2023 event was held in Lonsdale St. The new location allowed for a more diverse range of activities and greater comfort, but with attendance slightly down on the previous year, some attendees missed the laneway atmosphere.

Attendees from across Melbourne had the opportunity to participate in various cultural activities. New elements included cooking from Venezuelan Plate of Origin contestants Aly Uthra, the creation and destruction of a piñata, local band Bete Noire performing Federico García Lorca texts set to music and Candombe, the intoxicating Uruguayan Carnival.

Attendees enjoyed live entertainment, Spanish

classes, storytelling in Spanish, and delicious food and drinks. Spanish Language Fiesta fostered a sense of belonging, integration and sense of identity for people from Spanish and Latin American backgrounds. This was seen both in the cultural exchange between Hispanic and other cultures and in the passing on of traditions to younger generations.

About 1,000 people attended this year's event, with an even split between locals and visitors, and between Spanish and non-Spanish speakers.

The Spanish Language Fiesta is a great representation of our neighbourhood: strong and engaged communities that love getting together to celebrate the vibrant mix of cultures that converge in Melbourne.

NAIDOC Week

In recognition of National Aboriginal and Islander Day Observance Committee, we partnered with Yarn Strong Sista who at the time was our neighbour at 54 Errol St. Taungurung woman Annette Sax spent a day out the front of The Centre, engaging with locals and visitors in storytelling and weaving activities.

Annual General Meeting

More than 20 members of The Centre gathered at Soleil Melbourne on Queensberry St on September 26 to hear reports of the previous



The free ice creams at the End of Year Celebration were a popular choice. (Photograph: Jojo Williams)

year's activities. This year's meeting was notable for being the first in-person AGM since COVID, the last with long-term Chair, Karl Hessian and for its musicality. Kate Schmidli and Mira Devraj with accompanist Alastair Smith gave stellar performances.

North & West Melbourne Flag Raising

Following a lockdown inspired flag design competition, the official North & West Melbourne flag was unfurled and raised at an event on 27 August. The winning flag was designed by local resident Pat Connolly and recognises the Aboriginal heritage, natural environment, industrial and sporting history of our neighbourhoods.

Wexillologists of Melbourne University founder and competition judge Tristan Layton addressed the audience. Attendees adjourned to The Centre for tea and a cake with the flag design printed on top.

End of Year Celebration

This event, on 15 December 2022 at the West Melbourne Baptist Community Centre, attracted 100 people. Somehow, the fire alarm went off in the event set-up, but once the fire truck had departed, the activities went ahead with great success. There was free ice cream and hot dogs, a Christmas art bazaar and a performance of the Sing Now! Community Choir.

City of Melbourne Councillor Dr Olivia Bell presented the award for Victoria's best community newspaper to the North & West Melbourne News team.

ANZAC Day

Michael Hall, former director of The Centre, was guest speaker at the annual ANZAC Day commemoration, presented in partnership with the Australian Legion of Ex-Servicemen and Women. The solemn occasion was held at the Cenotaph on the border of North and West Melbourne, and featured a bugle performance by Allan Hessing, Legion secretary Trevor Evans reading the Ode, flag raising and laying of wreaths.

DOCKLANDS

The past year has been a roller-coaster for Docklands Neighbourhood House (DNH), full of the joy of working with the community yet ending in sorrow.

In July, DNH and a local volunteer started one of its most popular programs: the Social Fishing Club. The program drew children and families from Docklands Primary School, new arrivals, international students, and established residents every Wednesday afternoon. In 2023 the program expanded to weekend sessions and a monthly barbecue.

DNH welcomed Dhanya Nair as Community Facilitator in August. We also brought together members of the local Indian community to form the Cultural Celebrations Working Group, which co-produced Navaratri (October 2022) and Vesak (February 2023), with wonderful performances by residents of all ages, children's activities and dance workshops.

During Vesak, Library at the Dock staff held a bilingual children's story time and DNH led a children's workshop on making coloured powder for Holi.

DNH partnered with Docklands Representative Group to host Repair Café sessions, which in 2023 grew to include the Library at the Dock Makerspace. From December, we partnered with Docklands Toy Library to host weekly Afternoon Play Sessions for young families. We partnered with Sansaree on Diwali and with Docklands Chamber of Commerce, Docklands Sports Clubs, and The District Docklands to host an end-of-year Sports Day and barbecue for more than 200.

As a new Neighbourhood House, DNH lacked many of the foundational supports established houses benefit from. Long-term funding has been an elusive goal. City of Melbourne and Development

Victoria provided six months of funding to June 2023. However, City of Melbourne management advised they would not seek to include DNH in its funding mix after that date.

With the support and assistance of Centre staff, volunteers and management, DNH began an advocacy campaign to prove community support and convince Council to amend its decision. It included 14 letters of support from key stakeholder agencies, philanthropic trusts and State and Federal government representatives, a petition with more than 550 signatures, and 34 public submissions on the City of Melbourne draft 2023-24 budget, all calling for the continued funding of DNH. Despite this overwhelming endorsement, City of Melbourne remained unmoved, and DNH as we knew it, was forced to cease operations at the end of June 2023.

- Maurice Gaud News editor

Report to the community 2022/23

VOLUNTEERS

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Emily Smith

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Peiqi Shi

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Rachel Nam

Sathya Narayana Srikanth

Steven Muncaster

Su Su San

Susan Mountford

Theo Landen

Trinh Nguyen

Yirong Lin

Maurice Gaul

Nicole Pereira

Nancy Lane

Nigel Pereira

Rajiv Saseena

Rashi Jain

Rosemary Tonkin

Stephen Hatcher

Tom Seddon

Uma Dingemans

Wayne Killingsworth

DOCKLANDS

Aditi Rayal

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Delice Kromk

Diana Lopez

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